

Rachel M. Schmitz, Ph.D.

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ACADEMIC APPOINTMENTS

2018 – Present	Assistant Professor of Sociology, Sociology Department, Oklahoma State University
2019 – Present	Affiliated Faculty with the Gender and Women’s Studies Program, Oklahoma State University
2020 – Present	Center for Family Resilience Research Associate, Oklahoma State University
2016 – 2018	Assistant Professor of Sociology, Sociology & Anthropology Department, University of Texas Rio Grande Valley
2016 – 2018	Affiliated Faculty with the Gender and Women’s Studies Program, University of Texas Rio Grande Valley

EDUCATION

Ph.D., 2016, University of Nebraska-Lincoln, Sociology, Women’s and Gender Studies Specialization
 M.A., 2013, University of Nebraska-Lincoln, Sociology, Women’s and Gender Studies Specialization
 B.A., 2009, Wayne State College, Summa Cum Laude; Sociology and Spanish, English Minor

AREAS OF RESEARCH AND TEACHING SPECIALIZATIONS

Sexualities, Gender, Stratification, Intersectionality, Family, Homeless Youth and Young Adults, Health Inequalities, Qualitative Methods

REFEREED PUBLICATIONS (* indicates student co-author)

Tabler, Jennifer, **Rachel M. Schmitz**, Ruby Charak, and Eliza Dickinson*. Forthcoming. “I have gotten a little out of shape’: Perceived Weight Gain and Eating Disorder Symptoms among Sexual and Gender Minorities During the COVID-19 Pandemic.” *Journal of Eating Disorders*.

Carlisle, Zachary T. and **Rachel M. Schmitz**. Forthcoming. “Hidden in Plain Sight: Men’s Lived Experiences with Sexual Violence as College Students.” *The Journal of Men’s Studies*.

Schmitz, Rachel M., Jennifer Tabler, Zachary T. Carlisle, and Lexi Almy*. Forthcoming. “LGBTQ+ People’s Mental Health and Pets: Novel Strategies of Coping and Resilience.” *Archives of Sexual Behavior*.

Estes, Michelle*, Zachary T. Carlisle*, and **Rachel M. Schmitz**. 2021 Online First. “Those are Typical Tell-Tale Signs of a Lesbian’: Young Adults’ Discussions of Gender Nonconforming Behavior.” *Journal of Family Issues*.

- Schmitz, Rachel M.**, Zachary T. Carlisle*, and Jennifer Tabler. 2021 Online First. “‘Companion, Friend, Four-Legged Fluff Ball’: The Power of Pets in the Lives of LGBTQ+ Young People Experiencing Homelessness.” *Sexualities*.
- Schmitz, Rachel M.** and Jennifer Tabler. 2021. “Traversing Barriers to and within Health Care among LGBTQ+ Latinx Emerging Adults: Utilizing Patient Experiences to Model Access.” *The Patient Experience Journal* 8:33-42.
- Schmitz, Rachel M.** and Jennifer Tabler. 2021. “Health Services and Intersections of Care: Promises and Pitfalls Experienced by LGBTQ+ Latino/a Emerging Adults.” *Journal of LGBT Youth* 18:1-22.
- Tabler, Jennifer, Laryssa Mykyta, **Rachel M. Schmitz**, Paloma Flores, Akiko Kamimura, Dora A. Martinez, Ruben D. Martinez, Karina Gonzales, Alvaro Marquez, Gladys Marroquin*, and Andy Torres*. 2021. “Getting by with a Little Help from Our Friends: The Role of Social Support in Addressing HIV-related Mental Health Disparities among Sexual Minorities in the Lower Rio Grande Valley.” *Journal of Homosexuality* 68:269-289.
- Villarreal, Lillianne*, Ruby Charak, **Rachel M. Schmitz**, Claire Hsieh*, and Julian D. Ford. 2021. “The Relationship between Sexual Orientation Outness, Heterosexism, Emotion Dysregulation, and Alcohol Use among Lesbian, Gay, and Bisexual Emerging Adults.” *Journal of Gay & Lesbian Mental Health* 25:94-115.
- Schmitz, Rachel M.** and Ruby Charak. 2020. “‘I Went into This as One Person, and Then Came Out a Totally Different Person’: Native LGBTQ2S+ Young Adults’ Conceptions of Trauma.” *Journal of Interpersonal Violence*.
- Schmitz, Rachel M.**, Jonathan S. Coley, Christine Thomas*, and Anibal Ramirez*. 2020. “The Cyber Power of Marginalized Identities: Intersectional Strategies of Online LGBTQ+ Latinx Activism.” *Feminist Media Studies*.
- Schmitz, Rachel M.**, Brandon Andrew Robinson, Jennifer Tabler, Brett Welch*, and Sidra Rafaqut*. 2020. “LGBTQ+ Latino/a Young People’s Interpretations of Stigma and Mental Health: An Intersectional Minority Stress Perspective.” *Society and Mental Health* 10:163-179.
- Park, Nicholas K., **Rachel M. Schmitz**, and Kathleen Slauson-Blevins. 2020. “‘It Takes a Lot of Planning’: Gay and Lesbian Young Adult Perceptions of Parenthood.” *Journal of Family Issues*.
- Schmitz, Rachel M.**, Brandon Andrew Robinson, and Julissa Sanchez*. 2020. “Intersectional Family Systems Approach: LGBTQ+ Latino/a Youth, Family Dynamics, and Mental Stressors.” *Family Relations* 69:832-848.
- Schmitz, Rachel M.**, Brandon Andrew Robinson, and Jennifer Tabler. 2020. “Navigating Risk Discourses: Sexual and Reproductive Health and Care among LBQ+ Latina Young Adults.” *Sexuality Research and Social Policy* 17:61-74.
- Tyler, Kimberly A. and **Rachel M. Schmitz**. 2020. “Childhood Disadvantage, Social and Psychological Stress, and Substance Use among Homeless Youth: A Life Stress Framework.” *Youth & Society* 52:272-287.

- Tabler, Jennifer, Claudia Geist, **Rachel M. Schmitz**, and Jason M. Nagata. 2019 online first. "Does it Get Better? Change in Depressive Symptoms from Late-Adolescence to Early-Adulthood, Disordered Eating Behaviors, and Sexual Identity." *Journal of Gay & Lesbian Mental Health*.
- Tyler, Kimberly A., **Rachel M. Schmitz**, and Colleen M. Ray*. 2019. "Social and Psychological Resources among Homeless Youth: Protection Against Risk for Physical Victimization?" *Journal of Social Distress and the Homeless* 28:115-122.
- Schmitz, Rachel M.**, Kimberly A. Tyler, and Brandon Andrew Robinson. 2019. "'To Get the Word Out': LGBTQ+ Young Adults' Motivations for Participating in Qualitative Research Studies." *Journal of Gay & Lesbian Social Services* 31:242-265.
- Schmitz, Rachel M.** and Kimberly A. Tyler. 2019. "'Life Has Actually Become More Clear': An Examination of Resilience among LGBTQ Young Adults." *Sexualities* 22:710-733.
- Schmitz, Rachel M.**, Julissa Sanchez*, and Bianca Lopez*. 2019. "LGBTQ+ Latinx Young Adults' Health Autonomy in Resisting Cultural Stigma." *Culture, Health & Sexuality* 21:16-30.
- Tabler, Jennifer, Laryssa Mykyta, **Rachel M. Schmitz**, Akiko Kamimura, Dora A. Martinez, Ruben D. Martinez, Paloma Flores, Karina Gonzales, Alvaro Marquez, and Andy Torres*. 2019. "Social Determinants of Sexual Behavior and Knowledge of Sexually-Transmitted Infections (STI) among Low-Income HIV+ or At-Risk Residents Receiving Care at the U.S.-Mexico Border." *Journal of Community Health* 44:127-136.
- Charak, Ruby, Lillianne Villarreal*, **Rachel M. Schmitz**, Michiyo Hirai, and Julian D. Ford. 2019. "Patterns of Childhood Maltreatment and Intimate Partner Violence, Emotion Dysregulation, and Mental Health Symptoms Among Lesbian, Gay, and Bisexual Emerging Adults: A Three-step Latent Class Approach." *Child Abuse & Neglect* 89:99-110.
- Tyler, Kimberly A. and **Rachel M. Schmitz**. 2018 online first. "Bullying at School and on the Street: Risk Factors and Outcomes among Homeless Youth." *Journal of Interpersonal Violence*.
- Tabler, Jennifer, **Rachel M. Schmitz**, Claudia Geist, Rebecca L. Utz, and Ken R. Smith. 2018. "Reproductive Outcomes Among Women with Eating Disorders: Does Methodological Approach Shape Research Findings?" *Journal of Women's Health* 27:1389-1399.
- Tyler, Kimberly A., **Rachel M. Schmitz**. 2018. "Child Abuse, Mental Health and Sleeping Arrangements among Homeless Youth: Links to Street Physical and Sexual Victimization." *Children and Youth Services Review* 95:327-333.
- Schmitz, Rachel M.** and Kimberly A. Tyler. 2018. "Contextual Constraints and Choices: Strategic Identity Management among LGBTQ Young People." *Journal of LGBT Youth* 15:212-226.
- Schmitz, Rachel M.** and Brandi Woodell*. 2018. "Complex Processes of Religion and Spirituality among Midwestern LGBTQ Homeless Young Adults." *Sexuality & Culture* 22:980-999.

- Schmitz, Rachel M.** and Kimberly A. Tyler. 2018. "The Complexity of Family Reactions to Identity among Homeless and College Lesbian, Gay, Bisexual, Transgender and Queer Young Adults." *Archives of Sexual Behavior* 47:1195-1207.
- Schmitz, Rachel M.** and Kimberly A. Tyler. 2018. "LGBTQ+ Young Adults on the Street and on Campus: Identity as a Product of Social Context." *Journal of Homosexuality* 65:197-223.
- Tyler, Kimberly A. and **Rachel M. Schmitz**. 2018. "A Comparison of Risk Factors for Various Forms of Trauma in the Lives of Lesbian, Gay, Bisexual and Heterosexual Homeless Youth." *Journal of Trauma & Dissociation* 19:431-443.
- Tyler, Kimberly A., **Rachel M. Schmitz**, and Colleen M. Ray*. 2018. "The Role of Environmental Protective Factors on Anxiety and Depressive Symptoms among Midwestern Homeless Youth." *Journal of Research on Adolescence* 28:199-210.
- Tyler, Kimberly A., **Rachel M. Schmitz**, Colleen M. Ray*, Scott A. Adams*, and Leslie Gordon Simons. 2018. "The Role of Protective Behavioral Strategies, Social Environment, and Housing Type on Heavy Drinking among College Students." *Substance Use & Misuse* 53:724-733.
- Tyler, Kimberly A., **Rachel M. Schmitz**, Colleen Ray*, and Leslie Gordon Simons. 2017. "The Role of Entitlement, Self-Control, and Risk Behaviors on Dating Violence Perpetration." *Violence and Victims* 32:1079-1095.
- Tyler, Kimberly A., **Rachel M. Schmitz**, and Scott A. Adams*. 2017. "Alcohol Expectancy, Drinking Behavior, and Sexual Victimization among Female and Male College Students." *Journal of Interpersonal Violence* 32:2298-2322.
- Reprinted in 2018 in *Victimology: A Text Reader* 2nd Ed. (pp. 242-256). Leah E. Daigle (Ed.). Thousand Oaks, CA: Sage Publications, Inc.
- Tyler, Kimberly A., **Rachel M. Schmitz**, Scott A. Adams*, and Leslie Gordon Simons. 2017. "Social Factors, Alcohol Expectancy and Drinking Behavior: A Comparison of Two College Campuses." *Journal of Substance Use* 22:357-364.
- Schmitz, Rachel M.** and Emily Kazyak. 2017. "Checking Privilege at the Door: Men's Reflections on Masculinity in Women's and Gender Studies Courses." *Gender Issues* 34:129-148.
- Tyler, Kimberly A. and **Rachel M. Schmitz**. 2017. "Using Cell Phones for Data Collection: Benefits, Outcomes, and Intervention Possibilities with Homeless Youth." *Children and Youth Services Review* 76:59-64.
- Schmitz, Rachel M.** and Trenton M. Haltom*. 2017. "'I Wanted to Raise my Hand and Say I'm Not a Feminist': Men's Use of Hybrid Masculinities to Negotiate Attachments to Feminism and Gender Studies." *The Journal of Men's Studies* 25:278-297.
- Schmitz, Rachel M.** and Emily Kazyak. 2016. "Masculinities in Cyberspace: An Analysis of Portrayals of Manhood in Men's Rights Activist Websites." *Social Sciences* 5:1-16.

Tyler, Kimberly A., Ray Handema, **Rachel M. Schmitz**, Francis Phiri, Charles Wood, and Kristen Olson. 2016. "Risk Factors for HIV among Zambian Street Youth." *Journal of HIV/AIDS & Social Services* 15:254-268.

Tyler, Kimberly A., Ray Handema, **Rachel M. Schmitz**, Charles Wood, Francis Phiri, and Kourtney Kuyper*. 2016. "Multi-Level Risk and Protective Factors for Substance Use among Zambian Street Youth." *Substance Use & Misuse* 51:922-931.

Schmitz, Rachel M. 2016. "Intersections of Hate: Exploring the Transecting Dimensions of Race, Religion, Gender and Family in Ku Klux Klan Websites." *Sociological Focus* 49:200-214.

Schmitz, Rachel M. and Kimberly A. Tyler. 2016. "Growing Up Before Their Time: The Early Adulthood Experiences of Homeless Young People." *Children and Youth Services Review* 64:15-22.

Schmitz, Rachel M. 2016. "Constructing Men as Fathers: A Content Analysis of Formulations of Fatherhood in Parenting Magazines." *The Journal of Men's Studies* 24:3-23.

Melander, Lisa A., Kimberly A. Tyler, and **Rachel M. Schmitz**. 2016. "An Inside Look at Homeless Youths' Social Networks: Perceptions of Substance Use Norms." *Journal of Child & Adolescent Substance Abuse* 25:78-88.

Tyler, Kimberly A. and **Rachel M. Schmitz**. 2015. "Effects of Abusive Parenting, Caretaker Arrests, and Delinquent Behavior on Dating Violence among Homeless Young Adults." *Journal of Aggression, Maltreatment and Trauma* 24:1134-1150.

Scherrer, Kristin S., Emily Kazyak and **Rachel M. Schmitz**. 2015. "Getting 'Bi' in the Family: Bisexual People's Disclosure Strategies Within the Family." *Journal of Marriage and Family* 77:680-696.

Schmitz, Rachel M., and Kimberly A. Tyler. 2015. "Homeless Young People's Experiences of Caregiver Rejection." *Journal of Child and Family Studies* 24:2598-2609.

Tyler, Kimberly A., and **Rachel M. Schmitz**. 2013. "Family Histories and Multiple Transitions Among Homeless Young Adults: Pathways to Homelessness." *Children and Youth Services Review* 35:1719-1726.

BOOK REVIEWS

Schmitz, Rachel M. 2020. Review of *Growing up Queer: Kids and the Remaking of LGBTQ Identity* by Mary Robertson. *American Journal of Sociology* 125(6).

OTHER PUBLICATIONS

Schmitz, Rachel M. 2019. "Rethinking Meaning of 'Justice' for Youth Experiencing Homelessness." *Youth Today* <https://youthtoday.org/2019/08/rethinking-meaning-of-justice-for-youth-experiencing-homelessness/>.

Schmitz, Rachel M. 2019. "Childhood Adulthood." *Macmillan Encyclopedia of Families, Marriages, and Intimate Relationships*, edited by James J. Ponzetti, Jr.

REVISE AND RESUBMIT

Tabler, Jennifer, Claudia Geist, **Rachel M. Schmitz**, and Jason M. Nagata. "Self-Perceived Gender Expression, Discrimination, and Mental Health Disparities in Adulthood." *SSM-Mental Health*.

Robinson, Brandon Andrew and **Rachel M. Schmitz**. "Beyond Resilience: Resistance in the Lives of LGBTQ Youth." *Sociology Compass*.

PAPERS UNDER REVIEW

Tabler, Jennifer, **Rachel M. Schmitz**, Ruby Charak, and Aidan Propst*. "Forgone Care among LGBTQ+ and non-LGBTQ+ Americans During the COVID-19 Pandemic: The Role of Health, Social Support, and Pandemic-related Stress." *Journal of Community Health*.

Hsieh, Claire *, Ruby Charak, Gisselle Razo*, Jennifer Tabler, and **Rachel M. Schmitz**. "Associations between Minority Stressors and Depression among Lesbian, Gay, and Bisexual Emerging Adults: Adjusting for the Effects of Universal Risk Factors." *Journal of Gay & Lesbian Mental Health*.

Tabler, Jennifer, Jamie Snyder, **Rachel M. Schmitz**, Claudia Geist, Carlos M. Gonzales. "Embracing Complexity: Divergence in Faculty's Attitudes toward Inclusive Measures of Gender and Sexuality in Survey Research." *Journal of Homosexuality*.

Tabler, Jennifer, Carlos Gonzales, Jamie Snyder, **Rachel M. Schmitz**, Claudia Geist. "Hidden (and Not so Hidden) Messaging in Top-Utilized U.S. Social Surveys: The Persistence of Heteronormative Ideology and the Gender Binary." *The Demography of Transgender, Nonbinary, and Gender Minority Populations Handbook*.

PAPERS IN PROGRESS

Schmitz, Rachel M., Jennifer Tabler, and Ruby Charak. "Resistance and Resilience: LGBTQ+ People's Processes of Strength and Coping amid COVID-19."

Schmitz, Rachel M., Jennifer Tabler, Ruby Charak, Aidan Propst*, and Gabby Gomez*. "Queer Politics of a Pandemic: LGBTQ+ People's Conceptions of COVID-19's Politicization."

Schmitz, Rachel M. "Companion Animals as Family Members: Expanding Conceptualizations of Chosen Kin among LGBTQ+ People."

Schmitz, Rachel M., Jennifer Tabler, Ruby Charak, and Gabby Gomez*. "LGBTQ+ People's Experiences of Stress, Health, and Technology in a Pandemic."

Nay, Eden* and **Rachel M. Schmitz**. "Queer Representation in Sociological Scholarship."

Carlisle, Zachary T. and **Rachel M. Schmitz**. "'How Can I be a Man, and be Raped?': Men Making Sense of their Experiences with Sexual Violence."

Caddel, Cecile* and **Rachel M. Schmitz**. "Hispanic Female Scholars: Experiences of an Underrepresented Minority."

Tyler, Kimberly A. and **Rachel M. Schmitz**. Forthcoming. "Multiple Forms of Victimization in the Lives of Homeless Youth: Risk Factors and Outcomes." Invited chapter in edited book *Interpersonal Violence Against Children & Youth*.

AGENCY REPORTS

Tyler, Kimberly, Kristen Olson, **Rachel M. Schmitz**, and Colleen Ray*. 2016. "Homeless Youth and Young Adult Texting Project: 2016 Summary Report." National Institute on Drug Abuse (DA036806).
http://www.ktresearch.net/Files/Doc/Agency%20Report_FINAL_6292016_Tyler.pdf.

GRANTS AND FUNDING

External

National Institutes of Health, National Institute of Minority Health Disparities, PI, 2021-2024: "Multi-Level Mental Health Dynamics of Resilience and Risk among Sexual and Gender Minority Young Adults of Color Living in Rural Underserved Regions." PI with Dr. Ruby Charak (UTRGV). *Under review*.

National Science Foundation-funded STEM ADVANCE Graduate Assistant Support Program, University of Texas Rio Grande Valley, PI on research study, 2017-2018 (Grant # 1209210): "Marginalized Identities Out and Online: The Growth of Queer Activism among LGBTQ+ Latinx Young People." (\$10,000).

National Institutes of Health, National Institute on Drug Abuse, Graduate Research Assistant, 2014-2016: "Stressors, Protective Factors and Substance Use among Homeless Youth and Young Adults." (\$408,768).

National Institutes of Health, National Institute on Drug Abuse, Graduate Research Assistant, 2014-2016: "Social Networks, HIV Risk Behaviors, and Homeless Youth." (\$358,763).

National Institutes of Health, Department of Health & Human Services, Graduate Research Assistant, 2014-2016: "Substance use and HIV among Zambian Street Youth."

American Sociological Association, Student Forum Travel Award, 2014 (travel grant).

National Institutes of Health, National Institute of Mental Health, Graduate Research Assistant, 2011-2012: "Neglect and Abuse Histories Among Homeless Youth Adults." (\$659,525).

Internal

Oklahoma State University, College of Arts and Sciences, Summer 2020 Research Award: "Diverse Experiences of Stressors and Mental Health among LGBTQ+ Young Adults of Color Living in Rural Underserved Regions." (\$8,612).

Oklahoma State University, College of Arts and Sciences, Travel funding to SWS in Denver, CO, 2019: "Family Dynamics and Mental Health among LGBTQ+ Latino/a Young People." (\$1,000).

Oklahoma State University, Department of Sociology, College of Arts and Sciences, Faculty start-up funding, 2018-2021: "Enhancing LGBTQ+ Homeless Youths' Wellbeing through their

Connections with Companion Animals” & “Native LGBTQ2S+ Young Adults’ Understandings of Violence and Trauma” (\$25,000).

University of Texas Rio Grande Valley Office of the Vice Provost for Faculty Affairs and Diversity, Junior Faculty Travel Grant to NWSA, 2017: “Beyond Riesgo y Vulnerabilidad: LGBTQ+ Latinx Young Adults’ Health Autonomy in Resisting Cultural Stigma” (\$600).

University of Texas Rio Grande Valley, Office of Global Engagement, Travel funding to ASA in Canada, 2017: “‘Life Has Actually Become More Clear’: An Exploration of Resilience among LGBTQ Young Adults.” (\$500).

University of Texas Rio Grande Valley, College of Liberal Arts Dean’s Office, Faculty start-up funding, 2016-2017: “LGBTQ Latino/a Young Adults and Understandings of Health in the Rio Grande Valley” (\$10,000).

University of Texas Rio Grande Valley Office of the Vice Provost for Faculty Affairs and Diversity, Junior Faculty Travel Grant to NCFR, 2016: “The Complexity of Family Reactions to Identity among Homeless and College Lesbian, Gay, Bisexual, Transgender and Queer Young Adults” (\$1,000).

University of Nebraska-Lincoln, Sociology Department, Joyce O. Hertzler Award, Dissertation data collection funding, 2015-2016: “Diverse Life Experiences of LGBT Young Adults” (\$2,000).

University of Nebraska-Lincoln, Office of Graduate Studies, Warren & Edith Day Dissertation Travel Award, Dissertation data collection funding, 2015-2016: “Diverse Life Experiences of LGBT Young Adults” (\$500).

University of Nebraska-Lincoln, Women’s and Gender Studies Department, Karen Dunning Paper Award, 2015: “Constructing Men as Fathers: A Content Analysis of Formulations of Fatherhood in Parenting Magazines” (\$500).

University of Nebraska-Lincoln, Sociology Department, Dany Hoyt Graduate Student Paper Award, 2015: “Homeless Young People’s Experiences of Caregiver Rejection” (\$500).

University of Nebraska-Lincoln, Office of Graduate Studies, Travel Award, 2015 (travel grant).

University of Nebraska-Lincoln, Sociology Department, Graduate Student Paper Award, 2014: “Constructing Men as Fathers: A Content Analysis of Formulations of Fatherhood in Parenting Magazines” (\$500).

University of Nebraska-Lincoln, Office of Graduate Studies, Travel Award, 2014 (travel grant).

University of Nebraska-Lincoln, Strategic Research Cluster Grant, Graduate Research Assistant, 2013-2014: “A Survey of Undergraduate Students’ Attitudes and Experiences” (\$90,330).

University of Nebraska-Lincoln, Sociology Department, Nicholas Babchuk Award, original research support, 2014-2015: “Men and Gender Studies Project” (\$1,000).

University of Nebraska-Lincoln, Sociology Department, Nicholas Babchuk Award, Master's thesis publication support, 2013-2014: "Tentative Transitions and Gendered Pathways: Exploring the Revolving Door of Young Adult Homelessness" (\$1,000).

University of Nebraska-Lincoln, Women's and Gender Studies Department, Karen Dunning Paper Award, 2013: "Tentative Transitions and Gendered Pathways: Exploring the Revolving Door of Young Adult Homelessness" (\$500).

University of Nebraska-Lincoln, Office of Research and Economic Development, Layman Award, Graduate Research Assistant, 2012-2013: "Making Laws Matter: How Families Navigate Legal Uncertainty" (\$10,000).

FELLOWSHIPS

Faculty

National Institutes of Health-funded Texas Center for Health Disparities (TCHD) Steps Towards Academic Research (STAR) Fellowship Program, 2017-2018, University of North Texas – Ft. Worth.

Graduate

University of Nebraska-Lincoln, Presidential Fellow, 2015-2016 (9-month salary).

University of Nebraska-Lincoln, Sociology Department, J.J. and Eleanor S. Ogle Fellow, 2015-2016 (9-month salary; declined due to Presidential Fellow status).

University of Nebraska-Lincoln, Sociology Department, Alice Frost Howard Fellow, 2014 (travel grant).

University of Nebraska-Lincoln, Dean's Fellow, 2013 (9-month salary supplement).

University of Nebraska-Lincoln, Sociology Department, J.J. and Eleanor S. Ogle Fellow, 2012 (Summer salary).

University of Nebraska-Lincoln, Chancellor's Fellow, 2011 (9-month salary supplement).

CONFERENCE PRESENTATIONS

Schmitz, Rachel M., Jennifer Tabler, and Ruby Charak. 2021. "LGBTQ+ People's Experiences of Stress, Health, and Technology in a Pandemic." National LGBTQ Health Conference Poster Session. Virtual. May 20-21.

Schmitz, Rachel M., Zachary T. Carlisle, and Jennifer Tabler. 2020. "Four-Legged Mental Health Resources: The Power of Pets in The Lives of LGBTQ+ Young People Experiencing Homelessness." Midwest Sociological Society Annual Meeting. COVID-19 cancellation.

Schmitz, Rachel M. 2019. "Strength of Spirit: Native LGBTQ2S+ Young Adults and Conceptions of Trauma." International Gender and Sexuality Studies Conference. Edmond, OK. October 3-5.

Schmitz, Rachel M. 2019. "The Cyber Power of Marginalized Identities: Intersectional Representations of Online Queer Latinx Activism." American Sociological Association Annual Meeting. New York. August 10-13.

- Schmitz, Rachel M.** 2019. "Traversing the Liminality of Young Adulthood: Conceptualizations of Identity, Family, Religion, and Resilience among LGBTQ+ Homeless Youth." Invited Session. American Sociological Association Annual Meeting. New York. August 10-13.
- Schmitz, Rachel M.** and Jennifer Tabler. 2019. "Health Services and the Intersections of Accessibility: Promises and Pitfalls Experienced by LGBTQ+ Latino/a Emerging Adults." Midwest Sociological Society Annual Meeting. Chicago, IL. April 17-20.
- Tabler, Jennifer and **Rachel M. Schmitz**. 2019. "Does it Get Better? Change in Depressive Symptoms from Late-Adolescence to Early-Adulthood, Disordered Eating Behaviors, and Sexual Identity." Midwest Sociological Society Annual Meeting. Chicago, IL. April 17-20.
- Schmitz, Rachel M.**, Brandon Andrew Robinson, and Julissa Sanchez. 2019. "Intersectional Family Systems Approach: LGBTQ+ Latino/a Youth, Family Dynamics, and Mental Stressors." Sociologists for Women in Society Winter Meeting. Denver, CO. February 7-10.
- Schmitz, Rachel M.** 2018. "Navigating Risk Discourses and Reimagining Minority Health: Sexual and Reproductive Health and Care among LBQ+ Latina College Students." National Women's Studies Association Annual Meeting. Atlanta, GA. November 8-11.
- Schmitz, Rachel M.** 2018. "LGBTQ+ Latinx Young People's Interpretations of Stigma and Mental Health: An Intersectional Minority Stress Perspective." RaceSexPower Conference. Chicago, IL. April 6-7.
- Schmitz, Rachel M.** and Kimberly A. Tyler. 2017. "Beyond *Riesgo y Vulnerabilidad*: LGBTQ Latinx Young Adults' Health Autonomy in Resisting Cultural Stigma." National Women's Studies Association Annual Meeting. Baltimore, MD. November 16-19.
- Schmitz, Rachel M.** and Kimberly A. Tyler. 2017. "'Life Has Actually Become More Clear': An Exploration of Resiliency among LGBTQ Young Adults." American Sociological Association Annual Meeting. Montreal, Canada. August 12-15.
- Schmitz, Rachel M.** and Kimberly A. Tyler. 2016. "The Complexity of Family Reactions to Identity among Homeless and College Lesbian, Gay, Bisexual, Transgender and Queer Young Adults." National Council on Family Relations Annual Meeting. Minneapolis, MN. November 2-5.
- Schmitz, Rachel M.** and Kimberly A. Tyler. 2016. "LGBTQ Young Adults on the Street and on Campus: Identity as a Product of Social Context." American Sociological Association Annual Meeting. Seattle, WA. August 20-23.
- Schmitz, Rachel M.** and Trenton M. Haltom. 2016. "'I Wanted to Raise my Hand and Say I'm Not a Feminist': Men's Use of Hybrid Masculinities to Negotiate Attachments to Feminism and Gender Studies." Making A "Man": 2016 Men at Nebraska Conference on Men and Masculinities. University of Nebraska-Lincoln. April 9.
- Schmitz, Rachel M.** 2016. "LGBTQ Young Adults on the Street and on Campus: Identity as a Product of Social Context." No Limits Student Conference. University of Nebraska-Lincoln. March 11.

- Tyler, Kimberly A., **Rachel M. Schmitz**, and Scott A. Adams. 2015. "Alcohol Expectancy, Substance Use and Sexual Victimization among Female and Male College Students." American Sociological Association Annual Meeting. Chicago, IL. August 22-25.
- Tyler, Kimberly A. **Rachel M. Schmitz**, and Elizabeth A. Richardson. 2015. "Protective Behavioral Strategies and Alcohol Use among Female and Male College Students." American Sociological Association Annual Meeting. Chicago, IL. August 22-25.
- Schmitz, Rachel M.**, Emily Kazyak, and Elizabeth A. Richardson. 2015. "Checking Privilege at the Door: Men's Reflections on Masculinity in Women's and Gender Studies Courses." American Sociological Association Annual Meeting. Chicago, IL. August 22-25.
- Schmitz, Rachel M.** 2015. "Masculinities in Cyberspace: An Analysis of Portrayals of Manhood in Men's Right's Activist Websites." Understanding Masculinities: 2015 Men at Nebraska Conference on Men and Masculinities. University of Nebraska-Lincoln. April 10.
- Schmitz, Rachel M.** and Kimberly A. Tyler. 2014. "Homeless Young People's Experiences of Caregiver Rejection." Alpha Kappa Delta Qualitative Symposium. University of Nebraska-Omaha. October 30.
- Schmitz, Rachel M.** 2014. "Reshaping Constructions of Men as Fathers: A Content Analysis of Formulations of Fatherhood in Parenting Magazines." American Sociological Association Annual Meeting. San Francisco, CA. August 16-19.
- Schmitz, Rachel M.** and Elizabeth A. Richardson. 2014. "Transcending Gender: Men's Experiences Taking Women's and Gender Studies Courses." Midwest Sociological Society Annual Meeting. Omaha, NE. April 3-6.
- Schmitz, Rachel M.** and Kimberly A. Tyler. 2014. "Homeless Young People's Gendered Experiences of Caregiver Rejection." Midwest Sociological Society Annual Meeting. Omaha, NE. April 3-6.
- Schmitz, Rachel M.** 2014. "Transcending Gender: Men's Experiences Taking Women's and Gender Studies Courses." American Men's Studies Association Annual Meeting. Tacoma, WA. March 27-29.
- Tyler, Kimberly A. and **Rachel M. Schmitz**. 2013. "Effects of Abusive Parenting, Caretaker Arrests, and Delinquent Behavior on Dating Violence Perpetration among Homeless Young Adults." American Society for Criminology Meetings. Atlanta, GA. November 20-23.
- Schmitz, Rachel M.** 2013. "In the Numerical Minority: Men's Experiences Navigating Women's and Gender Studies Courses." Men at Nebraska Poster Presentation. University of Nebraska-Lincoln. November 7.
- Schmitz, Rachel M.** 2013. "Tentative Transitions and Gendered Pathways: Exploring the Revolving Door of Young Adult Homelessness." Research Fair Poster Presentation. University of Nebraska-Lincoln. April 10.

- Schmitz, Rachel M.** 2013. "Tentative Transitions and Gendered Pathways: Exploring the Revolving Door of Young Adult Homelessness." Midwest Sociological Society Annual Meeting. Chicago, IL. March 27-30.
- Schmitz, Rachel M.** 2013. "'Forging Elite Fitness': Exploring the CrossFit Phenomenon Through a Gendered Lens." No Limits Student Conference. University of Nebraska-Lincoln. March 1-2.
- Schmitz, Rachel M.,** Patrick Habecker, Alexis Swendener, and Sarah Malone. 2012. "Transforming Introductory Sociology Discussion Sections to a Mixed Mode Electronic Format." Southern Sociological Society Annual Meeting. New Orleans, LA. March 21-24.
- Schmitz, Rachel M.** 2012. "All You Need is Sex: Charlotte Perkins Gilman, Feminist Pragmatism and Contemporary Mass Media." Midwest Sociological Society Annual Meeting. Minneapolis, MN. March 29-April 1.
- Schmitz, Rachel M.,** Patrick Habecker, Alexis Swendener, and Sarah Malone. 2012. "A Comparison of Recitation Section Delivery Methods: Classroom vs. Online." Midwest Sociological Society Annual Meeting. Minneapolis, MN. March 29-April 1.
- Melander, Lisa A., Kimberly A. Tyler, and **Rachel M. Schmitz**. 2012. "Substance Use Behavior among Homeless Youth and Their Social Networks." Midwest Sociological Society Annual Meeting. Minneapolis, MN. March 29-April 1.
- Schmitz, Rachel M.** 2009. "Living Latino/a in the Midwest: An Analysis of Cultural Perspectives Through the Lens of Latino-owned Businesses." Nebraska Undergraduate Sociological Symposium. University of Nebraska-Kearney.

DEPARTMENTAL PRESENTATIONS

- Schmitz, Rachel M.** 2019. "LGBTQ+ Latinx Young Adults and Health: Navigating Stigma, Social Relationships, and Services." Women's Faculty Council Poster Symposium, OSU.
- Schmitz, Rachel M.** 2018. "LGBTQ+ Latinx Young People's Intersectional Interpretations of Stigma and Mental Health." Gender and Women's Studies Brown Bag Series Event "LGBTQ in the RGV and Beyond: Diverse Lives and Experiences", UTRGV.
- Schmitz, Rachel M.** 2012. "Tentative Transitions and Gendered Pathways: Exploring the Revolving Door of Young Adult Homelessness." Sociology Departmental Poster Session, UNL.
- Schmitz, Rachel M.** 2012. "All You Need is Sex: Charlotte Perkins Gilman, Feminist Pragmatism and Contemporary Mass Media" Sociology Departmental Colloquium, UNL.

TEACHING EXPERIENCE

Teaching Awards

- American Sociological Society*, SAGE Teaching Innovations & Professional Development Award, 2016.
- University of Nebraska-Lincoln, Sociology Department*, Cheryl Applegate Instructor Award, 2014.

Courses Taught

Sociology 4723 Sociology of Families (OSU)
 Sociology 4213 Sociology of Sexualities (face-to-face and online) (OSU)
 Sociology 4153 Sociology of Health and Illness (online) (OSU)
 Sociology 5643 Gender and Society (OSU)
 Sociology 5283 Advanced Qualitative Methods (OSU)
 Sociology 5273 Qualitative Research Methods (OSU)
 Sociology 3223 Social Psychology (online) (OSU)
 Sociology 4365 Sexuality and Society (UTRGV)
 Sociology 4310 Sociology of Gender (face-to-face and online) (UTRGV)
 Sociology 200 Gender in Contemporary Society (UNL)
 Sociology 225 Contemporary Families (face-to-face and online) (UNL)
 Sociology 101 Introduction to Sociology recitation instructor (UNL)
 Guest lecturer on qualitative methods for undergraduate senior seminars (UNL)

Graduate AdvisingPh.D. Students

Member, Ph.D. Dissertation Committee

Current: Lexi Almy, Department of Sociology (OSU)
 Current: Fernanda Ramirez Saenz, Department of Geography (OSU)
 Current: Hannah Bingham Brunner, Department of English, linguistics track (OSU)
 Current: Marcella A. Beaumont, School of Counseling Psychology (OSU)
 Current: Dillon Federici, School of Counseling Psychology (OSU)
 Current: Salman Rafique, Department of English, Screen Studies (OSU)

Chair or Committee Member for Comprehensive Exams (OSU)

Current: Martha Sibley
 Current: Christine Thomas
 Completed: Jericho McElroy; Christine Thomas

Completed 2020, Member: Zachary Carlisle, Department of Sociology (OSU): "Hidden in Plain Sight: Men's Lived Experiences with Sexual Violence as College Students."

Current Position: Assistant Professor, Midland University.

M.A. Students

Member, Master's Thesis Committee

Current: Taylor Godsey, Department of Sociology (OSU)

Completed 2021, Chair: Annie Bowen, Eden Nay, Summer Graham, Department of Sociology (OSU)

Completed 2021, Member: Andrew O'Neil, Master of Public Health Program (OSU)

Completed 2020, Member: Lexi Almy, Department of Sociology (OSU)

Completed 2018: Bianca C. Lopez, Department of Sociology (UTRGV): "Generational Status and Views on Nonconforming Gender Expression Among Individuals of Mexican Origin."

Current position: Lecturer, Sociology Department, UTRGV.

Completed 2017: Brett Welch, Department of Communication Science & Disorders (UTRGV): "The Role of the Speech-Language Pathologist when Working with Clients who are Transgender: A Guide of Gender Identity and Cultural Competency."

Current position: Ph.D. student in Dr. Leah Helou's research lab in the School of Health and Rehabilitation Sciences at the University of Pittsburgh.

Undergraduate Advising

Current (2020):

Honors Thesis (Sociology Department), Thesis Reader, Abigail Bailey (OSU)

Completed (2020):

Freshman Research Scholars program, Research Mentor, Phoenix Bird (OSU)

Honors Contract Sociology of Families, Irene De La Torre (OSU)

Completed (2019):

Senior Capstone Project, Mentor, Linsey Graeber (OSU)

Freshman Research Scholars program, Research Mentor, Jady Powell (OSU)

Honors Thesis (Sociology Department), Thesis Director, Breann Barfield (OSU)

PROFESSIONAL DEVELOPMENT

Research

- 2021 MAXQDA Mixed Methods Workshop hosted by the University of Michigan
- 2020 “Careers for PhDs in User Experience (UX) Research” hosted by Beyond the Professoriate
- 2018 “Write Winning Grants Workshop: Navigating NIH Mechanisms” (OSU)
- 2017 “Meet NVivo: Using NVivo as a Research Tool” Online Webinar (UTRGV)
- 2016 “Moving on with NVivo for Mac” Online Course (UTRGV)
- 2016 CITI Training Refresher Course (UTRGV)
- 2016 Qualitative and Mixed Methods Interest Group (UNL)
- 2015 Research Administration Management Program “Using Social Media” workshop (UNL)
- 2012 New Investigator Collaborative Series grant workshop (UNL)
- 2012 Professional Development Seminar (UNL)
- 2011 Collaborative Institutional Training Initiative (CITI) (UNL)
- 2011 Responsible Conduct in Research Training (UNL)
- 2009 Northeast Nebraska Child Advocacy Center Undergraduate Internship

Teaching

- 2019 Pilot participation for Learning Management System Canvas (OSU)
- 2018 College of Arts and Sciences New Faculty Teaching Orientation (OSU)
- 2018 Institute for Teaching and Learning Excellence Online Teaching Course (OSU)

- 2017 Undergraduate Research Cohort with the Center for Teaching Excellence and the Office of Engaged Scholarship & Learning (UTRGV)
- 2017 Faculty workshops for developing the Gender and Women's Studies program (UTRGV)
- 2017 Apply the Quality Matters Rubric (APQMR) Workshop (UTRGV)
- 2016 ASA Pre-conference Teaching Workshop
- 2015 25th Annual Campus-wide Workshops for Graduate Teaching Assistants (UNL)
- 2014 MSS Gender Diversity and Sexuality Studies Certificate
- 2013 MSS Preparing Future Faculty Certificate
- 2012 22nd Annual Campus-wide Workshops for Graduate Teaching Assistants (UNL)
- 2011 21st Annual Campus-wide Workshops for Graduate Teaching Assistants (UNL)
- 2011 Teaching Sociology Seminar (UNL)

PROFESSIONAL SERVICE

Discipline

- 2021-present Editorial Board member for *Society and Mental Health*
- 2021 Presented with Dr. Ruby Charak at UTRGV research colloquium "Health Challenges among Marginalized Groups: Applications of Mixed Methods and Interdisciplinary Research"
- 2020-present Editorial Board member for the *Journal of Ethnographic and Qualitative Research*
- 2019 Mentoring support of three advanced PhD Sociology graduate students through the American Sociological Association's Mentoring Across Specializations
- 2019 **Schmitz, Rachel M.** Discussant for Session on Youth Experiencing Homelessness. Midwest Sociological Society. Chicago, IL. April 17-20.
- 2018 Sally Hacker Best Graduate Student Paper Award committee member
American Sociological Association Sex and Gender Section
- 2017 Best Graduate Student Paper Award committee member
American Sociological Association Section on Sexualities
- 2014 **Schmitz, Rachel M.** Discussant for Invited Session on Homelessness. American Sociological Association Annual Meeting. San Francisco, CA. August 16-19.

- 2014 **Schmitz, Rachel M.** and Elizabeth A. Richardson. Organizer of formal paper session “Towards the Inclusion of Men and Masculinities in Gender Studies.” Midwest Sociological Society Annual Meeting. Omaha, NE. April 3-6.
- 2014 **Schmitz, Rachel M.** Moderator of Session on Masculinities. American Men’s Studies Association Annual Meeting. Tacoma, WA. March 27-29.
- 2013 **Schmitz, Rachel M.** and Kimberly A. Tyler. Organizer of formal paper session. “Exploring the Realm of Dating and Partner Violence and its Social Ramifications.” Midwest Sociological Society Annual Meeting. Chicago, IL. March 27-30.

University & Department

- 2021 Invited guest speaker to discuss LGBTQ+-focused research with student group Oklahoma State Queers & Allies
- 2020 Center for Family Resilience invited speaker for monthly research presentation series, “Intersectional Family Systems Approach: Multifaceted Dynamics of Family Relationships, Identity, and Mental Health among Young Adults” (OSU)
- 2020-present Faculty advisor for student organization Oklahoma State University Leftist Union (OSU)
- 2020-present Sociology Graduate Committee member (OSU)
- 2020-present College of Arts and Sciences Faculty Council representative (OSU)
- 2020 Panel participant for the Employee Queers & Allies League and Women’s Faculty Council-sponsored virtual event “LGBTQ+ Research and Advocacy at OSU” (OSU)
- 2020 Facilitated feedback session for 4th-year architecture students collaborating with a non-profit organization serving youth experiencing homelessness (OSU)
- 2019-present Pete’s Pet Posse Pet Therapy Program member (OSU)
- 2019 Safe Zone Ally Training (OSU)
- 2019 Presenter for diversity training for housing staff “Understanding Intersectionality Through a Roll of the Dice” (OSU)
- 2019 Women’s Faculty Council Faculty Award committee member (OSU)
- 2019 Sociology Department Advisor Search committee member (OSU)
- 2019 Sociology Department Head Search committee member (OSU)
- 2019 Faculty judge for the Graduate and Professional Student Government Association’s Research Gala poster competition (OSU)
- 2019 Panel participant for the Office of Multicultural Affairs-sponsored event “Queer Conversations” (OSU)

- 2019 Presented to the Sociology Department Sociology Teaching Colloquium on “Teaching Gender, Race, and Sexuality” (OSU)
- 2018-present Sociology Inequality Comprehensive Exam committee member (OSU)
- 2018-present Sociology Graduate Student Association advisor (OSU)
- 2018-present Women’s Faculty Council member (OSU)
- 2018-2020 Sociology Undergraduate Committee member (OSU)
- 2018-present Presented to Proseminar for new graduate students on “Preparing to Teach” (OSU)
- 2018 Panel participant for the Gender and Women’s Studies-sponsored event “LGBTQ in the RGV and Beyond: Diverse Lives and Experiences” (UTRGV)
- 2017-2018 Faculty advisor to student-led Intersectional Feminist Book Club (UTRGV)
- 2017-2018 Faculty advisor to UTRGV chapter of student organization Unite for Reproductive & Gender Equity (URGE)
- 2017 Panel participant for the Office for Victim Advocacy and Violence Prevention-sponsored event “Let’s Talk about Consent” (UTRGV)
- 2017 Safe Zone Ally Training (UTRGV)
- 2016-2018 Gender and Women’s Studies Program committee member (UTRGV)
- 2016-2018 Co-chair of Alpha Kappa Delta committee (UTRGV)
- 2016 Undergraduate Recommendation for Teach for America (UTRGV)
- 2016 Ethics Center Brown Bag on Ethics in Research with LGBTQ Populations panel participant (UNL)
- 2015 Graduate student representative on Sociology search committee for Sexualities position (UNL)
- 2015 Pi Gamma Mu Invited Speaker at Wayne State College “Research, Reflections, Rewards: The Graduate School Journey”
- 2014 Academic Undergraduate Letter of Recommendation (UNL)

AD HOC JOURNAL REVIEWS

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- 2021 *Journal of Marriage and Family, Journal of Homosexuality, Family Relations, Journal of LGBT Youth, Journal of Gay & Lesbian Social Services*

- 2020 *Journal of Marriage and Family; Social Problems; Journal of Interpersonal Violence; Journal of LGBT Youth; Journal of Family Issues; Annals of LGBTQ Public and Population Health; Sociology Compass; Journal of Public Health*
- 2019 *Journal of Marriage and Family; Journal of LGBT Youth; Sociological Inquiry; Sociological Forum; Journal of Gay & Lesbian Social Services; Journal of Homosexuality; Sociology Compass*
- 2018 *Sociological Inquiry; Social Sciences; Journal of Adolescent Research; PLOS ONE; Journal of Interpersonal Violence; Feminist Media Studies; Journal of Adolescence; Youth & Society*
- 2017 *Community Mental Health Journal; Journal of Interpersonal Violence*
- 2016 *Journal of Adolescent Research; American Sociological Review; Journal of Adolescent Health; Sociological Perspectives; Journal of Interpersonal Violence*
- 2015 *Journal of LGBT Youth; Journal of Interpersonal Violence; Children and Youth Services Review*
- 2014 *World Medical & Health Policy*
- 2013 *Sociological Inquiry; Sex Roles*
- 2012 *Qualitative Sociology*

PROFESSIONAL MEMBERSHIPS

National Women's Studies Association (NWSA)

Sociologists for Women in Society (SWS)

American Sociological Association (ASA)

National Council on Family Relations (NCFR)

Midwest Sociological Society (MSS)

COMMUNITY OUTREACH & SERVICE

- 2021 Research Mentor for Center for Girls Education researchers in Northern Nigerian through the Married Adolescent Safe Space program
- 2020 Effi Barry Training Institute service provider training module development "Holistically Supporting LGBTQ2S+ Young People: Care Guidance for Understanding Experiences of Homelessness and Mental Health Challenges"
- 2019 Invited panelist for The Justice Collaborative webinar "Juvenile Justice and Homelessness: The Role of Poverty in Youth Incarceration"
- 2019 Presentation for Homeless Alliance Lunch and Learn service providers "The Continuum of Gender and Sexual Diversity," Oklahoma City, OK

- 2018-present Volunteer, Turning Point Therapy Horse Ranch, Stillwater, OK
- 2018-present Volunteer, Youth Services Tulsa (YST), Tulsa, OK
- 2017-2018 Member, South Texas Equality Project (STEP), McAllen, TX
- 2015-2016 Volunteer, Street Outreach worker for at-risk youth agency, Lincoln, NE